

# ANNUAL QUALITY ASSURANCE REPORT (AQAR) OF THE IQAC

2015 - 2016

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## Name of the Institution

Dr. Sivanthi Aditanar College of Physical Education,  
Tiruchendur - 628215, Tamilnadu.

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## Year of Report

2015 - 2016

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MOTTO

HARD WORK

PHYSICAL STRENGTH

MENTAL DEVELOPMENT

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## Part A

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### Composition of the IQAC

#### Chairperson

**Dr. S. Bevinson Perinbaraj**

Principal

#### Administrative Officer

**Dr. V. Gopalakrishnan**

Secretary

#### Member from the Management

**Thiru. T. Venkatramaraj**

Manager

Aditanar Educational Institutions

Tiruchendur.

#### Distinguished Educationists of Local Committee

**Thiru. F. Ladislous Rodrigo**

Co-ordinator

Sivanthi Academy

Tiruchendur.

#### Members of IQAC

Dr. R. Thanalakshmi

Dr. Pon. Solai Pandian

Dr. M. Uma Kamalavathi

Mr.S.Ganesh

Mr. J. Viswanathan

Mr.A.Nelson Durai

Mr. P. Selvakumar

Mr.V.Santhanasekar

Mr. N. Arul Ruban

Ms. S. Kanimozhi

#### Coordinator of the IQAC

**Mr. Pon. Solai Pandian, Assistant Professor**

**The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement.**

The first meeting of the IQAC was held in the beginning of the year. The events to be conducted for the year were discussed. The activities are: -

1. Blood Donation
2. Walkers' Club – Sivanthi Sports Academy
3. Fitness Center – Public Participation
4. Health and Olympic Awareness walk / Run / Programme
5. Play Day for School Children
6. Referees' Examination
7. Placement cell / Career Guidance cell
8. Sivanthi Academy – Guidance courses for competitive examinations – Our staff members
9. Playfield Preparation, Officiating and Organizing Tournaments and sports meets in Schools, Colleges and clubs out side our campus
10. Adopting Schools to conduct physical education programmes
11. Acting as resource persons in refresher courses organized by District sports office and other sports agencies.
12. Eye camp for teaching and non teaching staff, students and public
13. Life saving skills- Fire rescue techniques
14. Sivanthi Cup Inter Collegiate Cricket Tournament
15. State Level Workshop for in-service physical education teachers
16. Yoga & Meditation by Sivanthi Sports Academy
17. State Level Inter Collegiate Mini Marathon & Sports Quiz
18. Spoken English classes
19. Summer Coaching Camp in Athletics, Basketball and Tennis
20. Refresher Clinics for school physical education teachers

### **The outcome achieved by the end of the year**

The above mentioned programmes were planned and conducted successfully with team work of the working group, students and the management. To enhance the quality of learning in the campus, initiatives were taken in a phased manner during this academic year.

Strategic planning was adopted to improve the quality of the teaching and learning process. The major emphasis is towards developing methods which will enhance self-learning among the students and provide them with new learning experience. The establishment of language lab, computer lab and equipping classrooms with audio-visual aids have helped to improve the quality of the curriculum transaction practice.

This college is located in a rural area. People of this area are much benefited by the regular usage of the facilities available in the campus. Many programmes were organized for the physical education professionals to update their professional competency, such as conduct of workshop, fitness center, play day, blood donation, competitions, referees' examination and the like.

Sports activities are carried out not only for the competition but also for the promotion of health of the individuals. Our college has conducted health relevant programmes such as physical training, yoga and meditation and health awareness run for the public to understand the health concepts and to practice them regularly.

This college has established binding with several institutions and organizations. Internal Quality Assurance Cell (IQAC) monitors the functioning of various committees to ensure further improvement.

## **Part B**

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### **1. Activities reflecting the goals and objectives of the institution:**

The vision, mission statements, goals and objectives of the college are well defined. The goals and objectives of the college are made known to the stakeholders through college prospectus, college calendar, newspapers, website etc. The academic programmes and course curriculum developed by the college with the university are compatible with its long-term goals and objectives.

Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur was established to provide higher education opportunities to the people of southern districts of Tamil Nadu. This college is being nurtured and developed by the financial support extended by Aditanar Educational Institution.

The curriculum of the college is formed to match its goal and mission, which is based on sound academic principles and serves learners to build a sound body and mind that contribute to the overall development of the personality.

The mission of the college is to produce disciplined, competent, socially committed and morally upright intellectuals through high quality education and research. This aim is clearly stated and disseminated to prospective students through the prospectus, the website and meetings between parents, students and teachers of the college. Thus, the stakeholders are aware of the quality education they get and the benefits from it.

The mission of the college is indicated by its logo, which means "Hardwork, Physical Strength and Mental Development", and the college has set its goal as spreading knowledge among the rural youth of the area at a low cost. The specific objectives intended to be achieved by the college are as follows:

- a. To impart quality higher education, adapting to the changing global environment, and helping self-support among the socially backward, economically poor and downtrodden sections of the society.
- b. To impart value based education so as to inculcate a sense of social responsibility, patriotism and awareness to become dutiful citizens of our nation.
- c. To promote technical skills and knowledge to meet the ever growing challenges and to impart competency among the youth in various sports activities to teach and train other youngsters in sports.
- d. To find out the talented persons and encourage them to pursue useful research for the development of the society and the nation in large.
- e. Students are encouraged to attend research seminars, conferences and workshops to enhance their professional knowledge.
- f. Academic flexibility and freedom are guaranteed to all learners under CBCS.

The college prepares academic calendar at the beginning of the academic year. The college follows a systematic approach for monitoring the academic calendar by maintaining work adjustment register. The college usually works for 200 days. Use of projectors, lecture method and chalk and board system are supplemented by group discussion, model interview, projects, library work, field visits to other colleges, nearby university and other private organizations. Modern education technologies are used while teaching with the help of OHP, LCD, and computers. Need based tutorial classes are also conducted.

The annual report of the college for the academic year is presented in appendix A.

## **2. Academic programmes (UG and PG):**

This college which began its operations in 1993 with a modest beginning of offering only Master's degree programme, (M.P.Ed) today offers B.P.Ed., and M.Phil degrees in Physical Education also.

### **3. Innovations in curricular design and transaction:**

This college follows the syllabi prescribed by the University. Some new and innovative papers have been introduced along with the Choice Based Credit System (CBCS) in 2011-12. There has been a significant increase in the range of course options under CBCS with a parallel process of innovative teaching methodologies. The curriculum emphasizes on practical experiences, internship and placement wherever is needed.

Students' feed back, is obtained and processed formally. Combination of learners' evaluation of programmes every year, opinions of the Curriculum Development Cell of the college, findings of college committee meetings, feed back from subject experts, alumni, views of prospective employers are considered while revising the curriculum as well as in planning for the introduction of future programmes.

Curriculum review is conducted every year. Updating and minor changes are effected continuously while major over all curriculum revision is undertaken once in every three years for PG and every four years for UG.

### **4. Inter-disciplinary programmes started:**

All the courses are in semester system and the university conducts examinations. There are as many as 15 theory papers, a thesis and two external practical examinations for M.P.Ed degree course and sixteen theory papers with two practical examinations for B.P.Ed degree course and four theory papers and a dissertation for M.Phil degree course. In addition to professional subjects, inter disciplinary subjects like Anatomy, Sports Physiology, Biomechanics, Applied Kinesiology, Applied Psychology, Sports Journalism, Sports Tourism, Computer Applications, Sports Research, Sports Physiotherapy, Statistics etc., are being taught .



## **5. Examination reforms implemented:**

College follows the semester system for all programmes with continuous internal assessment. It offers three courses under Choice Based Credit System. The chief method of evaluating the performance of the students is through the annual examination conducted by the University. However, the teachers conduct periodical tests to evaluate the performance of the students on a regular basis. An university type model examination is conducted at the end of the teaching schedule.

Academic calendar is prepared by a committee of senior faculty members and the principal. The calendar incorporates the schedule for the conduct of continuous assessment modules, model examinations, final semester examinations, other important activities and events for the whole year.

At the beginning of the academic year slow learners are identified and are given more academic attention in the form of additional classes and consultations. Advanced learners are given extra reading materials and they are motivated to participate in seminars, competitions and to appear in examinations like UPSC, TNPSC, UGC, NET, SLET, TRB etc with required assistance from the Sivanthi Academy.

## **6. Initiative towards faculty development programme:**

Teachers are encouraged to participate in seminars, conferences and faculty development programmes. All the faculty members have attended seminars, and have presented papers in the national level and three faculty members in the international seminars.

During the last academic year, the faculty members have presented 10 articles and abstracts to national level publications. These publications have

appeared in the proceedings of the seminars, workshops and conferences, which are attended (8) by the faculty members. The number of papers published in registered journals is only marginal. Faculty members also contribute to the college journal. All the important activities carried out and participated by the staff members are presented in appendix B.

**7. Total number of seminars/workshops conducted: Nil**

### **8. Research projects**

The research development cell constituted in the college creates and sustains the research culture of the college. Faculty members are given financial assistance to participate in the seminars and conferences. Since we are trying to get the 2(F) and 12B status from UGC, it is assured that our faculty members will take minor and major projects, once the process is completed.

a) Newly implemented : Nil

b) Completed : Nil

**9. Patents generated, if any : Nil**

**10. New collaborative research programmes: Nil**

**11. Research grants received from various agencies: Nil**

### **12. Details of research scholars:**

It is mandatory for both M.Phil scholars and II M.P.Ed students to complete a dissertation and project in the second semester as part of the curriculum. A total of 40

students carried out research projects (10-M.Phil, students and 30 II M.P.Ed., students ) during this academic year.

Research scholars are encouraged to attend the seminars, conferences and workshops during the course of their study. M.Phil research scholars has attended 7 seminars/conferences cum workshops of national levels.

13. Research Centre:

Our college is recognized Physical Education Research Centre approved by Tamil Nadu Physical Education and Sports University, Chennai. Dr. R. Thanalakshmi, Assistant Professor is the approved guide for the Ph.D Programme. Presently two full time and one part time candidates are doing Ph.D programme.

**14. Citation index of faculty members and impact factor:**

Nil

**15. Honours and Awards to the faculty:**

Nil.

**16. Details of departments getting SAP, COSIST (ASSIST)/DST. FIST, etc. assistance/recognition:**

Nil

**17. Community services:**

Our college facilities are extended to the school and the college students on request, free of cost and the faculty members guide them. The networking with schools is pretty strong. While our faculty and students help them in organizing their sports events, they in turn help us in practice teaching in their campus.

Our college permits outsiders for playing games like kabaddi, cricket, football, Basketball, volleyball, tennis and physical fitness training in our campus. The college organises various Community Service Schemes such as:

Blood donation camps

Walkers' club

Fitness center

Sports awareness programme

Organizing tournaments at various levels

Officiating and playfield preparation

As officials during the selection of police personnel

Referee's Examination

Eye Camp

Yoga and Meditation

Sports Medicine – Physiotherapy laboratory for muscular rehabilitation

Summer coaching camps

Village placement programme

**18. Teachers and officers newly recruited:**

Recruitment of teachers is done purely on merit basis as per the rules, regulations and norms of the state government and UGC.

**19. Teaching – Non-teaching staff ratio:**

Total Number of Teaching Staff	12
Total number of Non-teaching Staff	10
Ratio	:1:1.5

**20. Improvements in the library services:**

a) Circulation Services

The books are issued to the students and staff members with the help of computer software known as Library Management System.

b) Clipping Services

1. Current awareness in sports
2. General news
3. Career and employment opportunities
4. Sports quiz
5. Sports calendar and results in various competitions
6. Health advice

c) Information display and notification service

Latest National and International Journals, periodicals and dissertations are displayed to the readers and the content documentation service is also done.

d) Photocopy Services

The library has the facility for Photocopying of important materials and reviews and clippings to the readers inside and outside the institution.

e) Modern Technology

Library is equipped with modern facilities such as broadband access, computer search for books and back volumes, CD-ROMs, etc.,

**21. New books and Journals subscribed and their value:**

Total number of New Books: 40

Total number of Journals: 20

Indian Journals Number: 16 – Amount : Rs. 5255.00

International Journals : 4 - Amount : Rs1, 60,919.00

Dailies : Amount : Rs .6000

Details of books and journals are given in appendix C.

**22. Courses in which student assessment of teachers is introduced and the action taken on student feedback:**

The student assessment of teachers was done and personal discussions were held whenever required.

**23. Computerization of administration and the process of admissions and examination results, issue of certificates:**

Computerization of administration is in progress. Computerization of other activities like issue of certificates will be gradually taken up and will be completed in a year.

All the accounts and transactions in the office are made easier by the use of computers.

All the examination results are computerized and are exhibited in the notice board periodically.

**24. Increase in the infrastructural facilities:**

The infrastructure is well maintained. There is optimum utilization of the infrastructural facilities by conducting self financing courses. The college management allocates budget for maintenance of infrastructure. The campus

is maintained well and kept clean with greenery and this provides an ideal ambience for the young students to stay inside and to sharpen their personality.

This college gives importance to all kinds of sports activities to maintain physical fitness of the staff members, students and outsiders. A 16-station multi gym facility is installed for physical fitness training. Besides 3 volley ball courts, there is 1 basket ball cement court with floodlight, 1 tennis court, 1 Ball badminton court, 1 cricket oval, 2 foot ball fields, 2 kabaddi courts, 2 tennikoit courts, 1 kho-kho court, 1 softball diamond, 2 badminton courts international standard indoor stadium and a hall for yoga practice.

Latest play equipments are made available for the students for their regular and competitive training.

## **25. Technology upgradation:**

Modern education technologies such as OHP, LCD, CD and Computers are used for teaching. Need based tutorial classes are conducted. Computer assisted language lab helps to improve the communication skills. The college has the potential and expertise to make teaching-learning more learner-

centered. All the faculty members and the students are sufficiently motivated to communicate in English.

## **26. Computer and internet access and training to teachers and students:**

The college has a wide range of laudable extension activities. This institution shares the available facilities like Instrumentation centre, Computer centre, Language Laboratory and internet access services with the teachers and the students.

- M.P.Ed and B.P.Ed students are using computer laboratory, as they have computer education as one of the subjects.
- M.Phil Scholars are allowed to use internet facility for an hour in a day.
- Teaching faculty are also using computer and internet facilities.
- For the practical demonstration of the sports skills and techniques, the multimedia system is used.
- The faculty members were oriented about the use of computer and internet by the neighbouring engineering college staff.

## **27. Financial aid to students:**

Financial support is available to the students both from the management and the government.

### **Adidraida welfare Department**

Adidraida welfare scholarships are granted under the Govt. of India and State government schemes.

### **Backward Class Department**

Scholarships are sanctioned by B. C. Welfare department to the students belonging to MBC and DNC under the Govt. of India and State government schemes.

## **28. Activities and support from the Alumni Association:**

Nil

### **29. Activities and support from the Parent-Teacher Association:**

Parent Teacher association was done and personal discussions were held when ever required.

### **30. Health services:**

A qualified doctor is available inside the campus from 3 pm to 4 pm. A health centre for medical checkup and to maintain health records of students and staff is also provided in the college premises free of cost.

Health awareness programmes are conducted to enlighten the public about the significance of health and to stress the value of regular play and exercise.

### **31. Performance in sports activities:**

The students are being given constant encouragement to participate in sports and games at intercollegiate, interuniversity and open tournaments organized by private and government agencies. Quite a number of them have won trophies in various games.

Details of the achievement by the students in sports and games at various levels are presented in appendix C.

### **32. Incentives to outstanding sportspersons:**

College management offers cash awards to the outstanding students in academics, games and sports, and extra curricular activities to encourage them towards better performance.

### **33. Student achievements and awards:**

College students have performed well academically and won laurels at the University level. They have also participated and won prizes in competitive examination at the state level.



In the University examination held in April 2015, our college has secured 100% pass in B.P.Ed., 100% pass in II M.P.Ed and 100% pass in M.Phil, courses.

#### **34. Activities of the Guidance and Counselling unit:**

There is a Grievance Redressal Cell in the college and has a grievance cell box. It is gratifying to note that there has been no student unrest in the college so far. This is made possible by the smart turnout of the faculty members and the wise guidance being given by them at regular intervals.

#### **35. Placement services provided to students:**

There is a placement cell, which is quite effective in securing suitable employment to the students. During the year 2015-16, the cell facilitated placement of 25 students.

Display of advertisements regarding employment opportunities, on the college notice board, is a regular feature. Students have applied and got appointment in various institutions. About 50% of the students get placement in jobs varying from teaching in local school to highly paid jobs in private enterprises.

- Interacting with different heads of the institutions for placement of the students
- Display of advertisement regarding employment opportunities on the college notice board
- Providing list of pass outs to different institutions on request
- Providing all the facilities required for conducting campus interviews in our Institution.

### **36. Development programmes for non-teaching staff:**

There is an inbuilt mechanism to check the efficiency of the non-teaching staff. The work deadlines are set up and the office layout is made suitable for easy supervision and allotment of certain work in rotation. The management also makes effort to fill up vacancies to ensure smooth working of the college.

To make teaching and non-teaching staff computer literate, our college organized separate orientation classes during each semester with the help of the engineering college faculty.

### **37. Healthy practices of the institution:**

“Total quality management” is the keyword that encompasses all the activities of our college. The college has attempted to make maximum use of the management assistance to improve its curriculum content coverage and transaction practices. With reference to the context and program offered by the college, the healthy practices adopted are :

- Transparency in functioning, openness and easy accessibility of the teachers to the principal.
- Inculcation of values and appreciation of the work culture of the college with an emphasis on discipline, dedication and commitment.
- Orientation program for the new faculty members and students every year to apprise them of the work culture, aims and objectives of the college
- Providing compulsory computer literacy to all the students
- Providing library facilities to staff and students of other educational institutions also.
- To provide financial support to deserving students from the Alumni association.
- Special programmes for competence in English language skills.
- Regular upgradation of curriculum based upon students feedback and experts opinion.

- Conducting remedial classes for the benefit of academically weaker students and providing coaching for the competitive examinations to secure jobs and fellowships.
- Participation in seminars and workshops and as well as organizing them which lead to publications.
- Good linkages with local associations, institutions and clubs to provide work and experience to the students.
- A forward looking and pro-active management, which is taking interest to encourage faculty for participation in seminar, workshop and conference by offering financial support.
- Transparent student evaluation system supported by appropriate grievance mechanism to redress their grievances.
- Offering good internet facility to the students free of cost.
- Well maintained campus with eco-friendly environment.
- Assisting the students to develop communication skills through the facilities provided at the language lab.
- The Computer Literacy Programme (CLP) undertaken by the college to provide computer training to all our students.
- Creation and maintenance of website by the college.
- Publication of college magazine to bring out the creative skills of staff members and the students.
- Publication of Registered National Journal in Physical Education to bring out the best research work from physical education professionals.
- Conduct of remedial classes for slow-learners.
- Conduct of model examination for familiarizing the students with university examination system.
- Organization of medical checkup for students at the beginning of every academic year.
- Intimation of the performance progress of the students to the parents on a regular basis.

- Blood Donation is taken well by our students.
- Commitment to Total Quality Improvement through internal checks and feedback mechanisms.
- Inculcating moral and ethical values among students and strive hard towards their character building and overall personality development.
- Integration of environmental and value based topics in regular curriculum.
- Arranging lectures by eminent personalities on professional, moral and ethical aspects.
- Developing a spirit of social responsibility and service among the students through Sivanthi Academy and other related activities.
- Introduction of skill based papers to improve employment prospects of students such as professional preparation for appearing SLET and NET.
- Systematic use of student feedback for further academic improvement of course contents and curricular programmes.
- Creating excellent ambience and peaceful campus environment to accelerate the teaching-learning process.
- Walkers' Club, Fitness center are extended to the local people.
- Referee's examinations were conducted annually to evaluate the student ability in officiating and to prepare them to be officially eligible to handle such responsibilities by themselves in future.
- Health awareness run and Play day for school children.

### **38. Linkages developed with National / International, academic /Research bodies**

With regard to the consultancy component, the college is trying to evolve a workable policy for faculty members to accept consultation assignments from outside agencies. Our college has prepared a MOU with National Level Academic Institution for collaborative research and exchange of faculty members and is in the process of finalisation.

### **39. Any other relevant information the institution wishes to add:**

Every year, College Day - a mega event - is celebrated during the second semester. Many events with innovative ideas from students and staff are staged. An unique information is that the college committee chairman with all his family members attended this function and appreciated the staff and students. The college day was celebrated on 23.03.2016 during 2015-16.

A registered research journal is being published biannually by our college, titled "INDIAN JOURNAL FOR RESEARCH IN PHYSICAL EDUCATION AND SPORTS SCIENCES" to meet the needs of professionalwriters in the field of physical education and sports sciences.

SIVANTHI ACADEMY is a sister institution of Aditanar Educational Institution and conducts career guidance courses for Physical Education and other disciplines to enable the candidates to appear for UGC / SLET / NET in a regular routine.

Our college has created an account in the Internet with the name of [www.drscacpe.org](http://www.drscacpe.org) and it serves as a source and gives an easy access to know about the college.

Thiru S .Balasubramania Adityan, Chairman, is heavily contributing for the development of sports at state, national and international levels and has received prestigious awards for his excellence in sports.

Public utilize our facilities to maintain and improve their fitness.

### **Part C**

#### **Detailed plans of the institution for the next year.**

The college has prepared a perspective plan for the next year keeping in view its vision, current potential for excellence status, anticipated academic growth, societal changes and overall economic development of the country.

The plan envisages starting several new programmes and courses in the fast emerging areas at the postgraduate level, initiating diploma courses, identification and implementation of research projects in thrust areas, collaborations at national level with academic institutions and industrial establishments etc. The development and augmentation of physical and manpower resources are considered to be the essential component of the plan.

- Improvements in maintenance of playground and equipments are being done with the advice of the staff members concerned and the ground preparation personnel.
- Office automation will be completed.
- Adequate canteen facilities will be provided.
- Greenery on the campus will be improved further.
- Providing additional furniture, medical facilities during night times, facility for indoor games is ready for use.
- To improve the students facilities for stay and study.
  - Blood donation
  - Walkers' Club – Sivanthi Academy
  - Fitness Center – Public Participation
  - Health Awareness walk / Run / Programme
  - Play Day for school children
  - Referee's Examination
  - Placement cell / Career Guidance cell
  - Guidance course for competitive examinations is done by Our staff members.

- Playfield Preparation, Officiating and Organizing Tournaments and sports meets in schools, colleges and clubs out side our campus
- Adopting schools to conduct physical education programmes
- Acting as resource persons in refresher courses organized by District sports office and other sports agencies.
- Sivanthi Cup Inter Collegiate Cricket Tournament
- Seminar/Workshop
- Yoga & Meditation by Sivanthi Academy
- State Level Inter Collegiate Mini Marathon & Sports Quiz
- Spoken english classes on week end holidays
- Summer coaching camp for school children.
- For giving a better opportunity to the above average students, we encourage them to write articles in various sports journals and to attend seminar and conference.

**(Mr. Pon Solai Pandian)**

Name & Signature  
of the Coordinator, IQAC

**(Dr.S.Bevinson Perinbaraj)**

Name & Signature  
of the Chairperson, IQAC

**APPENDIX - A**  
**ANNUAL REPORT**  
**2015-2016**

I am very much pleased to present the annual report of the reputed college, Dr. Sivanthi Aditanar College of Physical Education for the year 2015– 2016. The founder of this college, Philanthropist, Padmashri Dr. B. Sivanthi Adityan, is well known to all of us for his services to the cause of Education. He is widely acknowledged all over the world with the greatest recognition of his life time – Olympic Council Award (OCA) conferred during the 16<sup>th</sup> Asian Games held at China. Further he was conferred with Doctor of Philosophy for his outstanding services in academic and sports spheres by University of Madras, Annamalai University, Madurai Kamaraj University, Manonmaniam Sundaranar University and Tamilnadu Physical Education and Sports University. His soul is the guiding spirit in conducting all the academic endeavours in our college of Physical Education.

Our college President Thiru. S. Balasubramania Adityan who follows his father and guiding us for running our institution for greater heights.

Our college is a fully residential institution with two years Bachelor's Degree in Physical Education (B.P.Ed), two years Master's Degree in Physical Education (M.P.Ed), and one year Master of Philosophy in Physical Education (M.Phil) affiliated to Tamilnadu Physical Education and Sports University, Chennai. Our college has been recognized as Physical Education Research Centre by Tamilnadu Physical Education and Sports University to run Ph.D regular and part time programmes from the academic year 2012 – 13. Our college is the first unaided professional institution in Physical Education in Tamilnadu.

Admission is made to various courses on the basis of merit after qualifying from an examination and physical fitness test as per the norms of National Council for Teacher Education.

The courses offered are on semester pattern. In addition to Practicals in Physical Education and Sports, Sports Sciences like Anatomy, Exercise Physiology,



Biomechanics, Applied Kinesiology, Sports Psychology, Sports Research, Sports Medicine, Physiotherapy, Statistics, Sports Management, Sports Tourism and Computer Applications are taught to the students.

Our college campus is spread in an area of 12 acres with adequate facilities for theory and practicals, besides hostel facilities. Our college is well furnished with sports science laboratories namely Anatomy & Physiology, Sports Medicine, Sports Psychology, Educational Technology, Human Performance and computer. A fitness centre is functioning which is used for teaching and is also open to public for training in the mornings and evenings on nominal membership fee.

We are privileged to have a Multipurpose International Standard Padmashri Dr. Sivanthi Aditanar Indoor Stadium to organize instruction classes and competitions in Basketball, Volleyball, Badminton, Table Tennis, Gymnastics using portable stands and mats.

### **Committees of the College**

Various committees like Disciplinary, Research Development, Library Advisory, Grievance Cell, Anti Ragging Committee and Placement Cell are formed.

Besides, Student Services and Blood Donation Club are functioning effectively.

### **Study Centre**

Our college is recognized by the Tamilnadu Physical Education and Sports University as one of the study centres to offer Post Graduate Diploma in Yoga. 52 candidates are undergoing P.G. Diploma in Yoga and 19 candidates are undergoing M.Sc yoga during this year.

### **Research Centre**

Our college is a recognized Physical Education Research Centre approved by Tamilnadu Physical Education and Sports University, Chennai. Dr. (Mrs) R. Thanalakshmi, Associate Professor is the approved guide for the Ph.D programme. two full time and one part time candidates are doing Ph.D programme .

## Library

Our Library is equipped with useful and latest National and International journals, magazines and books which serve as a resource not only to our students but also to the research scholars from outside. It has been acknowledged as the best Library for Doctoral Programme of disciplines related to Physical Education.

## Results

We are very much honoured to announce the successful results for the academic year 2014 - 2015.

M.Phil	:100%
M.P.Ed II yr	:100 %
M.P.Ed I yr	: 100 % and
B.P.Ed	:100 %

I take this opportunity I express my sincere and whole hearted thanks to our President, Vice President, Executive Director, Executive Officer, College Governing Council Members, Administrative Staff of Aditanar Educational Institutions, Secretaries Principal of Sister Institutions, my colleagues Faculty, Non-Teaching Staff, and Students, for the excellent cooperation rendered for the smooth conduct of all our programmes successfully for the year 2015 - 2016.

## **EVENTS DURING THE ACADEMIC YEAR 2015 – 16**

**(June 2015 to March 2016)**

03.06.2015	Dr. J. Viswanathan, Asst. Professor acted as Resource person for the National Workshop on “Modern Trends and Technologies in Sports” organized by Dr. Sivanthi Aditanar College of Education. Dr. K. Umakamalavathi, Mr. A. Nelson Durai, Mr. P. Selvakumar and Mr. V. Santhanasekar Asst., Professors attended the workshop.
03.06.2015	Dr. S. BevionPerinbaraj, Principal attended Chief guest and resource person at the National Workshop on “Modern Trends and Technologies in Sports” organized by Dr. Sivanthi Aditanar College of Engineering, Tiruchendur.
10.06.2015	Principal attended the University Syndicate Meeting of Tamilnadu Physical Education & Sports University, Chennai
22.06.2015	College reopened for the academic year 2015 – 16. A faculty

	meeting was conducted.
23.06.2016	International Yoga Day was observed by teaching yogasonas by the faculty to the students.
26.06.2015	The International Drug Abuse Day was observed. Dr. C. Vetrivel, M.B.B.S., D.C.H. Tiruchendur delivered a special lecture on "Ill Effects of Drugs" to the students and staff under the auspicious of college NSS.
28.06.2015	To fulfill the NCTE norms, an expert committee from Chennai under the instructions of our Chairman visited our college and hostel buildings to renovate the infrastructure.
03.07.2015	A Model Viva Voce Examination was conducted for M.Phil students of 2014 - 15 batch.
07.07.2015	Mr. N. Arul Ruban, Assistant Professor and 7 M.P.Ed II year students gone to Pearls Public School, Arumuganeri to lay a new 200 mts. Track.
08.07.2015	Dr. S. Bevinson Perinbaraj, Principal attended as a Chief Guest for the Students Union Inauguration at Govindammal Aditanar College for Women, Tiruchendur.
14.07.2015	Mr. P. Selvakumar, Assistant Professor attended the Director of Distance Education Meeting at Tamilnadu Physical Education and Sports University, Chennai.
15.07.2015	M.P.Ed I year classes started.
16.07.2015	Tiruchendur Zone School Games of Basketball, Badminton, Handball, Tennis and Table Tennis Competitions conducted at our college organized by the Arulmigu Senthil Andavar Boy's Hr. Sec. School, Tiruchendur.
17.07.2015	University Viva Voce Examination for M.Phil students was conducted. Dr. G. Ravindran, Principal, Koviloor Andavar College of Physical Education, Koviloor was the External Examiner.
20.07.2015	B.P.Ed I year classes started.
21.07.2015 to 23.07.2015	- Tiruchendur School Zone Football Tournaments conducted organized by Arulmigu Senthil Andavar Boy's Hr. Sec. School, Tiruchendur. - Dr. J. Viswanathan, Assistant Professor attended as resource person for a Workshop on "Basketball" at Theni District Physical Education Teacher's refresher course.

22.07.2015	M.Phil classes started.
23.07.2015	Tamilnadu Physical Education and Sports University sanctioned one unit of N.S.S. (100 volunteers) to our college.
24.07.2015	Four M.P.Ed II year students acted as Officials for Thisayanvilai Zone Inter School Handball Competitions.
29.07.2015	Inter Class Football Tournament conducted.
31.07.2015	Four M.P.Ed II year students acted as Officials for Thisayanvilai Zone inter - School Throw ball competitions.
04.08.2015	Tiruchendur Zone, Sawyerpuram Zone, Thoothukudi Zone and Thoothukudi District Interschool Athletic competitions on Hurdles, High Jump, Pole Vault, Javelin Throw and Triple Jump were conducted.
07.08.2015	Welcome Track & Field was conducted Mr. P. Selvakumar, Assistant Professor was the Chief Guest for the inauguration of the meet and Mr. G. Augustin Aaron, Department of Physical Education, Rajarathnam Memorial College, Sathankulam was the Chief Guest for the Valediction.
08.08.2015	Inter Class Cricket Tournament conducted.
10.08.2015	Inter Class Handball Tournament conducted.
11.08.2015	Inter Class Basketball Tournament conducted.
12.08.2015	Under the auspicious of N.S.S. the International Youth Day was celebrated. Dr. M. Kannan, Head, Department of Tamil, Aditanar College of Arts & Science, Tiruchendur was the Chief Guest.
13.08.2015	Inter Class Kabaddi Tournament conducted.
15.08.2015	69 <sup>th</sup> Independence Day Celebrated. Dr. S. Bevinson Perinbaraj, Principal unfurled the National Flag and Dr. V. Gopalakrishnan, Secretary delivered the Independence Day Message.
15.08.2015	Mr. N. Muthumalai, M.P.Ed II year student participated in the open 10 km Mini Marathan run at Kovilpatti and secured 6th Place.
16.08.2015	Mr. I. Masanamuthu, M.P.Ed II year student secured I Place in the Best Physique competition organized by Triunelveli District Body Building Association

17.08.2015	Mr. N. Aru Ruban, Asst., Professor and 10 M.P.Ed II year students laid a new 200mts Track at Jayaraj Matriculation Higher Secondary School, Tisayanvilai.
19.08.2015	Dr. A. Athichapillai, the first Principal of the college and had on interaction with our staff and students.
21.08.2015	Dr. S. Bevinson Perinbaraj, Principal acted as an external examiner for a Ph.D Viva Voce examination and Academic Council Meeting at Tamilnadu Physical Education & Sports University, Chennai.
29.08.2015	In view of the "National Sports Day" M.Phil students organised a Inter Class Volleyball Tournament. Mr. R. Kamaraj, HR, Executive, ONGC, (Former International Volleyball player & Head coach Junior Indian Volleyball team) was the Chief guest.
02.09.2015 to 04.09.2015	College Cricket (Men) team participated in the Tamilnadu Physical Education & Sports University inter collegiate Cricket Tournament at Maruthi College of Physical Education, Coimbatore.
04.09.2015	Teachers Day Celebrated. 7 students given special tanks on the day. Dr. S. Bevinson Perinbaraj, Principal was the Chief Guest.
07.09.2015 & 08.09.2015	College Basketball Men & Women teams and Volleyball women team participated in the Tamilnadu Physical Education & Sports University Inter Collegiate Tournaments at YMCA College of Physical Education, Chennai.
08.09.2015	Dr. S. Bevinson Perinbaraj, Principal attended the Academic council Meeting at Tamilnadu Physical Education & Sports University, Chennai.
10.09.2015 & 11.09.2015	College Volleyball Men team participated in the Tamilnadu Physical Education & Sports University, Inter Collegiate Tournaments at Maruthi College of Physical Education, Coimbatore.
11.09.2015	The First Doctoral Committee Meeting was conducted to approve the Ph.D title of Mr. E. Jeneffa Samuel under the guidance of Dr. R. Thanalakshmi, Associate Professor, Dr. S. Thirumalaikumar, Associate Professor, Tamilnadu Physical Education & Sports University, was the University nominee.
15.09.2015 to 16.09.2015	College kabaddi Men and Badminton Men team Participated in the Tamilnadu Physical Education & Sports University inter collegiate tournaments at Renugambal College of

	Physical Education, Polur.
20.09.2015	Our college Founder, Padmashri Dr. B. Sivanthi Aditanar's statue was unveiled at Dr. Sivanthi Aditanar College of Engineering, Thiru. Pon. Radhakrishnan, Central minister unveiled the statue. Our students put up a mountain pyramid to solute our College Founder.
21.09.2015 to 23.09.2015	College Football (Men), Handball (Men) Ball Badminton (Men) and Kho – Kho (Women) teams participated in the Tamilnadu Physical Education & Sports University inter collegiate tournament at Tamilnadu Physical Education & Sports University, Chennai.
24.09.2015 to 27.09.2015	<p>College organized the Sivanthi cup Inter Collegiate Cricket tournament, Sivanthi inter collegiate Mini Marathon Runs and Sivanthi Inter Collegiate Sports Quiz sponsored by Poorvika Mobile World. The Cricket competitions inaugurated by Dr. P.Subramaniam, Principal Aditanar College, Tiruchendur.</p> <p><b>Winners:</b> S.T. Hindu College, Nagercoil (Prize money: Rs.800/-)</p> <p><b>Runners – up:</b> M.D.T. Hindu College Tirunelveli (Prize money : Rs.5000/-)</p> <p>Mini Marathon runs flagged off by Dr. D. Jim Reeves, Director of Physical Education Aditanar College of Art's &amp; Science, Tiruchendur on 27<sup>th</sup> September 2015.</p> <p>I Position (Men) Rs.5000/-</p> <p>II Position (Women) Rs.3000/-</p> <p>III Position (Men) Rs.3000/-</p> <p>IV to x Position (Men) Rs.300/-each</p> <p>IV to x Position (Women) Rs.200/-each</p> <p>The Sports quiz conducted on 27<sup>th</sup> September 2015.</p> <p>I Place : Alagappa University, Karaikudi (Rs.3000/-)</p> <p>II Place : Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur (Rs.2000/-)</p> <p>III Place : Pope's College Swayerpuram (Rs.1000/-)</p> <p>Dr. V. Gopalakrishanan, Secretary, Aditanar Educational Institutions, was the Chief Guest and distributed the Trophies and Cash awards for all the 3 mega events.</p>

05.10.2015	- Internal Assessment Tests conducted for all the courses.
	- II M.P.Ed students and one B.P.Ed students attended the Tamilnadu Physical Education & Sports University Kho – Kho team selection trials at Selvam College of Physical Education, Nammakkal.
05.10.2015 to 08.10.2015	Mr. P. Selvakumar, Asst., Professor and Mr. Amith, & Mr. Arun Pavithran B.P.Ed students acted as officials for the Manomaniam Sundaranar University Inter Collegiate Football tournament held at Marghosis College, Nazareth.
09.10.2015	College N.S.S organized the “Disaster Management Programme” by Sri. Sathiya Sai Safety & Security Association, Thoothukudi.
13.10.2015 to 15.10.2015	College Athletics teams (Men & women) Participated in the Tamilnadu Physical Education & Sports University inter collegiate Athletic Meet held at YMCA College of Physical Education, Chennai.
15.10.2015	“Youth Awakening Day” was observed and organized by college N.S.S Dr. S. Narayanarajan, Head, Department of Business Administration Aditanar College, Tiruchendur was the Chief Guest.
21.10.2015	“Ayutha Pooja” Celebrated.
28.10.2015 to 31.10.2015	Internal Practical Examinations conducted for B.P.Ed & M.P.Ed classes.
02.11.2015	Internal Examinations for Yoga was conducted for M.P.Ed.
03.11.2015 to 06.11.2015	Model Examinations on Theory Subjects for all the courses conducted.
07.11.2015	Diwali celebrated. M.P.Ed II year class organized. Mrs. Rahmath Ameena Begum, Assistant Professor, Wavoo Women’s College Kayalpatnam was the Chief Guest.
14.11.2015	- Internal Assessment Marks for all classes sent to Tamilnadu Physical Education & Sports University, Chennai
	- Hall Tickets issued to all the students.
16.11.2015 & 17.11.2015	The University Examinations to be held in these days are postponed to 26 <sup>th</sup> , 27 <sup>th</sup> & 28 <sup>th</sup> Nov 2015 due to heavy rains & floods at Chennai.

21.11.2015 to 25.11.2015	The University Theory Examinations to M.P.Ed II year.
23.11.2015 & 24.11.2015	Dr. Pon. Solai Pandian, & Dr. J. Viswanathan faculty members attended the Central Valuation at H.H. The Rajah's College, Pudukottai.
26.11.2015	University Theory Examinations for B.P.Ed I year, M.P.Ed I year & M.Phil classes.
28.11.2015	Dr. S. Chelladurai, Inter University Sports Board chairman visited our Indoor stadium.
01.12.2015	Even semester classes started for all courses.
09.12.2015	Dissertation colloquium conducted for M.Phil students.
11.12.2015	Dr. R. Thanalakshmi, Associate Professor attended as an internal examiner for the Ph.D entrance tests & interview for her candidates.
11.12.2015 to 12.12.2015	Dr. Pon. Solaipandian, Associate Professor attended the central valuation at Tamilnadu Physical Education & Sports University, Chennai.
12.12.2015 to 16.12.2015	Conduct seminar for P.G. Diploma in Yoga and M.Sc Yoga conducted.
17.12.2015 to 18.12.2015	Theses colloquium for M.P.Ed II year.
21.12.2015	Christmas Celebrations organized by M.P.Ed I year students. Dr. D. Jimreeves, Director of Physical Education, Aditanar College of Arts & Science, Tiruchendur was the Chief Guest.
22.12.2015	Faculty Preliminary Interview conducted
23.12.2015	Faculty Final Interview conducted.
06.01.2016 to 07.01.2016	- Dhothi Day was observed.
	- Intramural programme for Men & Women Inaugurated. Volleyball matches conducted.
07.01.2016 to	Dr. S. Bevinsonperinbaraj, Principal, attended the application scrutiny committee meeting at Tamilnadu Physical Education



08.01.2016	& Sports University faculty selection.
12.01.2016	National Youth Day observed.
12.01.2016 to 13.01.2016	Project Track & Field meet on combined Events was organized by M.P.Ed II year students. Newly floored sports pavilion was inaugurated by Mr. T. Venkatramaraj, Manager, Aditanar Educational Institutions and Dr. V. Gopalakrishnan, Secretary, Aditanar Educational Institutions Inaugurated the Project Meet.
14.01.2016	Pongal celebrations organized by B.P.Ed I year students Dr. (Mrs) R. Andal, Head, Dept. of English, Govindammal Aditanar College for Women was the Chief Guest.
21.01.2016	- Dr. S. Bevinson Perinbaraj, Principal attended the 9 <sup>th</sup> convocation of Tamilnadu Physical Education & Sports University as syndicate member at Raj Bhavan, Chennai.  - Ms. T. Sabina Packiavathy, B.P.Ed student of 2014 – 15 batch secured University I Rank (Gold medal) in the Convocation.
21.01.2016 to 22.01.2016	Intramural Basketball match conducted.
22.01.2016	Road safety awareness programme organized by N.S.S. Mr. Syed Babu Hussan, Director, Tiruchendur conducted the programme.
25.01.2016	National Voter's Day observed.
26.01.2016	67 <sup>th</sup> Republic Day celebrated Dr. V. Gopalakrishnan, Secretary, Dr. Sivanthi Aditanar College of Physical Education unfurled the National Flag and given the Republic Day message.
27.01.2016 to 09.02.2016	B.P.Ed I year students attended the Intensive Teaching Practice.  M.P.Ed I & II year students attended the Internship training programs.
29.01.2016 to 31.01.2016	Anna University zone 18 Athletic Meet was organized at our college.
04.02.2016	Mr. Rajkumar, Chief Executive Officer, Subshree Reality (Private Limited), Chennai, Dr. V. Gopalakrishnan, Secretary, Aditanar Educational Institutions, and Mr. T. Venkatramaraj, Manager, Aditanar Educational Institutions, visited the

	college Sports & Science Laboratories, Indoor & Hostel
10.02.2016	Dr. S. Bevinson Perinbaraj, Principal, attended the Tamilnadu Physical Education & Sports University Syndicate Meeting at Chennai.
11.02.2016 & 12.02.2016	Intramural Football matches
16.02.2016 & 17.02.2016	Intramural Handball matches.
18.02.2016 & 19.02.2016	Intramural Kabaddi matches.
19.02.2016	Workshop on “Mechanism of writing Thesis and Dissertation” was held. Dr. R. Kalidhasan, Associate Professor, Dept. of Physical Education, Bharathidasan University, Trichi was the expert.
20.02.2016	Intramural Hockey matches for Men & Ball Badminton for women conducted.
22.02.2016 & 23.02.2016	Internal Assessment Tests for all classes.
24.02.2016	Group Photos taken.
25.02.2016	Special Interview with students by All India Radio, Tirunelveli.
03.03.2016 to 05.03.2016	23 <sup>rd</sup> Annual Track & Field Meet conducted. Mr. K. Adivel, B.A., Inspector of Police, Tiruchendur inaugurated the Meet on 3 <sup>rd</sup> March 2016 at 9.00 am. Mr. V. Gopal, Deputy Superintendent of Police, Tiruchendur was the Chief guest for the Valedictory function of the meet on 5 <sup>th</sup> March 2016 at 4.30 pm.
08.03.2016	World Women’s Day Celebrated.
08.03.2016 to 14.03.2016	N.S.S. Special Camp at Kayamozhi.

## **APPENDIX B**

### **New Books and Journals Subscribed and their value**

Total no of new Books Purchased : 74

Total no of International periodicals: 4

Total no of Indian periodicals: 21

<b>S.No</b>	<b>Name of the Institutional Periodicals</b>	<b>Periodicals</b>	<b>Amount</b>
1	Research Quarterly for exercise and support (RQES)	Quarterly	26460.00
2	Journal of Sports and Exercise Psychology	Quarterly	47182.00
3	Applied Physiology & Nutrition Metabolism	Monthly	83227.00
4	IAAF New Studies in Athletics	Quarterly	4050.00
Total			160919.00

## **APPENDEX - C**

### **Inter Collegiate Tournaments Participated**

The following teams of our college participated in the Tamilnadu Physical Education and Sports University Inter Collegiate Tournaments held at various colleges of Physical Education in Tamilnadu.

Ball Badminton (Men), Basketball (Men & Women), Cricket (Men), Football (Men), Handball (Men), Volleyball (Men & Women), Kho – Kho (Women), Kabaddi (Men), Badminton (Men) and Athletics (Men & Women).

In which the following teams secured Runners-up position in the following games.

- 1) Basketball (Men)
- 2) Basketball (Women)

3) Ball Badminton (Men)

4) Football (Men)

### **Inter Collegiate Athletic Meet**

Tamilnadu Physical Education and Sports University Inter Collegiate Athletic Meet was held at YMCA College of Physical Education, Chennai.

Following are the achievements of our students.

<b>WOMEN</b>			
Mrs. P. Subathra	M.Phil	a) Shot Put	I Place
		b) Discus	I Place
Ms. A. Murugeswari	B.P.Ed I yr	400 Mts. Hurdles	I Place
Ms. S. Jimbeeswari	B.P.Ed I yr	Heptathlon	II Place
Ms. T. Divyalakshmi	B.P.Ed I yr	a) 400 Mts.	III Place
		b) 800 Mts.	III Place
<b>MEN</b>			
Mr. E. Uthandam	B.P.Ed I yr	a) 200 Mts.	III Place
		b) 100 Mts.	II Place
Mr. P. Balamurugan	B.P.Ed I yr	110 Mts. Hurdles	III Place
Mr. M. Chithiraiselvan	M.P.Ed I yr	4 x 100 Mts. Relay	III Place
Mr. R. Siva	M.P.Ed I yr	4 x 100 Mts. Relay	III Place
Mr. P. Selvakumar	M.P.Ed I yr	4 x 100 Mts. Relay	III Place
Mr. R. Sugumaran	M.P.Ed II yr	4 x 100 Mts. Relay	III Place

### **University Blues**

The following students of our college represented the Tamilnadu Physical Education and Sports University teams for the All India Inter University Tournaments for the year 2015 – 16.

1.	Mr. A. Deva Asir	M.Phil	Ball Badminton
2.	Mr. K. Muniyandi	B.P.Ed I year	Ball Badminton
3.	Mr. M. Essakimuthu	M.P.Ed I year	Basketball
4.	Mr. A. Ajith	M.P.Ed I year	Basketball
5.	Mr. S. Shynu	M.P.Ed II year	Basketball
6.	Mr. Arun Pavithran	B.P.Ed I year	Basketball
7.	Mr. V. Athisayaraj Davidson	M.Phil	Cricket
8.	Mr. Roshan Isac Dhanpal	B.P.Ed I year	Football
9.	Mr. A. Elango	B.P.Ed I year	Football
10.	Mr. A. Shadrach Jebasing	B.P.Ed I year	Football
11.	Mr. K. Muthu Raman	M.P.Ed II year	Handball
12.	Mr. N. Kandhakumar	M.P.Ed II year	Handball
13.	Mr. S. Benson	M.Phil	Volleyball
14.	Ms. S. Manjula	B.P.Ed I year	Kho-Kho
15.	Ms. M. Jaya Sree	M.P.Ed I year	Kho-Kho
16.	Ms. K. Sruthy	B.P.Ed I year	Boxing
17.	Ms. R. Oviya	B.P.Ed I year	Kabaddi

### **Achievement at Open Competitions**

The following students participated in the open competitions and secured the following positions.

Mr. N. Muthu Malai	M.P.Ed II yr	Yoke Marathon	VII Place
Mr. S. Umaiyorubagan	B.P.Ed I yr	Yoke Marathon	VI Place

Mr. I. Masanamuthu	M.P.Ed II yr	Body Building Competition, Tirunelveli	I Place
Mr. R. Esakkimuthu	B.P.Ed I yr	Silambam State Competition	I Place
Mr. N. Thiruselvamani	M.P.Ed I yr	Open State Boxing Competition	I Place

