

# ANNUAL QUALITY ASSURANCE REPORT (AQAR) OF THE IQAC

2009 – 2010

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## Name of the Institution

Dr. Sivanthi Aditanar College of Physical Education,  
Tiruchendur – 628215, Tamilnadu.

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## Year of Report

2009 – 2010

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MOTTO

**HARD WORK**

**PHYSICAL STRENGTH**

**MENTAL DEVELOPMENT**

## TABLE OF CONTENTS

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<b>Sl.No</b>	<b>Titles</b>	<b>Page No.</b>
<b>1</b>	<b>PART A</b>	<b>3</b>
<b>2</b>	<b>PART B</b>	<b>6</b>
<b>3</b>	<b>PART C</b>	<b>23</b>
<b>4</b>	<b>APPENDICES</b>	
	A ANNUAL REPORT OF THE COLLEGE	25-34
	B STAFF IMPROVEMENT PROGRAMME	35-40
	C DETAILS OF RESEARCH PROJECTS	41-43
	D DETAILS OF BOOKS AND JOURNALS	44-49
	E ACHIEVEMENT IN SPORTS AND GAMES	50-51
	F SCHOLARSHIP DETAILS	52-58

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## Part A

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### Composition of the IQAC

#### Chairperson

**Dr. S. Bevinson Perinbaraj**  
Principal

#### Administrative Officer

**Thiru K. Thandeswaran**  
Secretary

#### Member from the Management

**Thiru R. Krishnakanthan**  
Chief Executive Officer  
Aditanar Educational Institutions  
Tiruchendur.

#### Distinguished Educationists of Local Committee

**Dr. M. Kamalraj**  
Reader, Dept.of Economics,  
Aditanar College of Arts and Science, Tiruchendur.

**Thiru. F. Ladislous Rodrigo**  
Co-ordinator  
Sivanthi Academy  
Tiruchendur.

#### Members of IQAC

Mr. Pon. Solai Pandian  
Mrs. R. Thanalakshmi  
Dr. (Mrs). A. Agnes Princy  
Miss. M. Uma Kamalavathi  
Mr. K. Murugan  
Mr.S.Ganesh

#### Coordinator of the IQAC

**Mr. M. Raj Kumar, Lecturer**

**The plan of action chalked out by the IQAC in the beginning of the year towards quality enhancement.**

The first meeting of the IQAC was held in the beginning of the year. The events to be conducted for the year were discussed. The activities are : -

1. Blood Donation
2. Walkers' Club – Sivanthi Sports Academy
3. Fitness Center – Public Participation
4. Health and Olympic Awareness walk / Run / Programme
5. Play Day for School Children
6. Referees' Examination
7. Placement cell / Career Guidance cell
8. Sivanthi Academy – Guidance courses for competitive examinations – Our staff members
9. Playfield Preparation, Officiating and Organizing Tournaments and sports meets in Schools, Colleges and clubs out side our campus
10. Adopting Schools to conduct physical education programmes
11. Acting as resource persons in refresher courses organized by District sports office and other sports agencies.
12. Eye camp for teaching and non teaching staff, students and public
13. Life saving skills- Fire rescue techniques
14. Sivanthi Cup Inter Collegiate Cricket Tournament
15. State Level Workshop for in-service physical education teachers
16. Yoga & Meditation by Sivanthi Sports Academy
17. State Level Inter Collegiate Mini Marathon & Sports Quiz
18. Spoken English classes
19. Summer Coaching Camp in Athletics, Basketball and Tennis
20. Refresher Clinics for school physical education teachers

## **The outcome achieved by the end of the year**

The above mentioned programmes were planned and conducted successfully with team work of the working group, students and the management. To enhance the quality of learning in the campus, initiatives were taken in a phased manner during this academic year.

Strategic planning was adopted to improve the quality of the teaching and learning process. The major emphasis is towards developing methods which will enhance self-learning among the students and provide them with new learning experience. The establishment of language lab, computer lab and equipping classrooms with audio-visual aids have helped to improve the quality of the curriculum transaction practice.

This college is located in a rural area. People of this area are much benefited by the regular usage of the facilities available in the campus. Many programmes were organized for the physical education professionals to update their professional competency, such as conduct of workshop, fitness center, play day, blood donation, competitions, referees' examination and the like.

Sports activities are carried out not only for the competition but also for the promotion of health of the individuals. Our college has conducted health relevant programmes such as physical training, yoga and meditation and health awareness run for the public to understand the health concepts and to practice them regularly.

Establishment of the language lab, Audio-Video preview theatre, modernization of laboratories as well as additional sports science laboratory facilities, automation of the library, completion of the Indoor stadium and the progress in the construction of swimming pool are the recent additions. Students have shown remarkable performance in the university and state level sports and games.

This college has established binding with several institutions and organizations. Internal Quality Assurance Cell (IQAC) monitors the functioning of various committees to ensure further improvement.

## Part B

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### 1. Activities reflecting the goals and objectives of the institution:

The college was first accredited by NAAC on 21<sup>st</sup> September, 2005 and was given B<sup>++</sup> Grade. The vision, mission statements, goals and objectives of the college are well defined. The goals and objectives of the college are made known to the stakeholders through college prospectus, college calendar, newspapers, website etc. The academic programmes and course curriculum developed by the college with the university are compatible with its long-term goals and objectives.

Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur was established to provide higher education opportunities to the people of southern districts of Tamil Nadu. This college is being nurtured and developed by the financial support extended by Aditanar Educational Institution.

The curriculum of the college is formed to match its goal and mission, which is based on sound academic principles and serves learners to build a sound body and mind that contribute to the overall development of the personality.

The mission of the college is to produce disciplined, competent, socially committed and morally upright intellectuals through high quality education and research. This aim is clearly stated and disseminated to prospective students through the prospectus, the website and meetings between parents, students and teachers of the college. Thus, the stakeholders are aware of the quality education they get and the benefits from it.

The mission of the college is indicated by its logo, which means "**Hardwork, Physical Strength and Mental Development**", and the college has set its goal as spreading knowledge among the rural youth of the area at a low cost. The specific objectives intended to be achieved by the college are as follows:

- a. To impart quality higher education, adapting to the changing global environment, and helping self-support among the socially backward, economically poor and downtrodden sections of the society.
- b. To impart value based education so as to inculcate a sense of social responsibility, patriotism and awareness to become dutiful citizens of our nation.
- c. To promote technical skills and knowledge to meet the ever growing challenges and to impart competency among the youth in various sports activities to teach and train other youngsters in sports.
- d. To find out the talented persons and encourage them to pursue useful research for the development of the society and the nation in large.
- e. Students are encouraged to attend research seminars, conferences and workshops to enhance their professional knowledge.
- f. Academic flexibility and freedom are guaranteed to all learners under CBCS.

The college prepares academic calendar at the beginning of the academic year. The college follows a systematic approach for monitoring the academic calendar by maintaining work adjustment register. The college usually works for 200 days. Use of projectors, lecture method and chalk and board system are supplemented by group discussion, model interview, projects, library work, field visits to other colleges, nearby university and other private organizations. Modern education technologies are used while teaching with the help of OHP, LCD, and computers. Need based tutorial classes are also conducted.

The annual report of the college for the academic year is presented in appendix A.

## **2. New academic programmes initiated (UG and PG):**

This college which began its operations in 1993 with a modest beginning of offering only Master's degree programme, (M.P.Ed) today offers B.P.Ed., and M.Phil degrees in Physical Education also.

### **3. Innovations in curricular design and transaction:**

This college follows the syllabi prescribed by the University. Some new and innovative papers have been introduced along with the Choice Based Credit System (CBCS) in 2006-07. There has been a significant increase in the range of course options under CBCS with a parallel process of innovative teaching methodologies. The curriculum emphasizes on practical experiences, internship and placement wherever is needed.

Sports Tourism, Sports Journalism and Computer Applications were introduced as part of the second year syllabus. Value education and human rights are also included in the new syllabi. The revision and modifications of the syllabi are done at the University level.

Students' feed back, is obtained and processed formally. Combination of learners' evaluation of programmes every year, opinions of the Curriculum Development Cell of the college, findings of college committee meetings, feed back from subject experts, alumni, views of prospective employers are considered while revising the curriculum as well as in planning for the introduction of future programmes.

Curriculum review is conducted every year. Updating and minor changes are effected continuously while major over all curriculum revision is undertaken once in every three years for PG and every four years for UG.

### **4. Inter-disciplinary programmes started:**

All the courses are in semester system and the university conducts examinations. There are as many as 15 theory papers, a thesis and two external practical examinations for M.P.Ed degree course and eight theory papers with two practical examinations for B.P.Ed degree course and four theory papers and a dissertation for M.Phil degree course. In addition to professional subjects, inter disciplinary subjects like Anatomy, Sports Physiology, Biomechanics, Applied Kinesiology, Applied Psychology, Sports Journalism, Sports Tourism, Computer Applications, etc., are being taught .

## **5. Examination reforms implemented:**

College follows the semester system for all programmes with continuous internal assessment. It offers three courses under Choice Based Credit System. The chief method of evaluating the performance of the students is through the annual examination conducted by the University. However, the teachers conduct periodical tests to evaluate the performance of the students on a regular basis. An university type model examination is conducted at the end of the teaching schedule.

Academic calendar is prepared by a committee of senior faculty members and the principal. The calendar incorporates the schedule for the conduct of continuous assessment modules, model examinations, final semester examinations, other important activities and events for the whole year.

At the beginning of the academic year slow learners are identified and are given more academic attention in the form of additional classes and consultations. Advanced learners are given extra reading materials and they are motivated to participate in seminars, competitions and to appear in examinations like UPSC, TNPSC, UGC, NET, SLET, TRB *etc* with required assistance from the Sivanthi Academy.

## **6. Candidates qualified: NET**

*SET – State Eligibility Test*

1. T. Kalaimathi

## **7. Initiative towards faculty development programme:**

Teachers are encouraged to participate in seminars, conferences and faculty development programmes. All the faculty members have attended seminars, and have presented papers in the national level and three faculty members in the international seminars.

During the last academic year, the faculty members have presented 11 articles and abstracts to national level publications. These publications have

appeared in the proceedings of the seminars, workshops and conferences, which are attended (10) by the faculty members. The number of papers published in registered journals is only marginal. Faculty members also contribute to the college journal. In addition, few books have been authored by the faculty members. All the important activities carried out and participated by the staff members are presented in appendix B.

#### **8. Total number of seminars/workshops conducted:**

Our College has conducted one State Level Workshops in Volleyball, Handball and Athletics for Physical Education Professionals of Tamilnadu.

Physical education professionals participated in the two-day workshop. (13.4.2009 & 14.4.2009).

#### **9. Research projects**

The research development cell constituted in the college creates and sustains the research culture of the college. Faculty members are given financial assistance to participate in the seminars and conferences. Since we are trying to get the 2(F) and 12B status from UGC, it is assured that our faculty members will take minor and major projects, once the process is completed.

a) Newly implemented : Nil

b) Completed : Nil

**10. Patents generated, if any : Nil**

**11. New collaborative research programmes: Nil**

**12. Research grants received from various agencies: Nil**

#### **13. Details of research scholars:**

It is mandatory for both M.Phil scholars and II M.P.Ed students to complete a dissertation and project in the second semester as part of the curriculum. A total of 39 students carried out research projects (10-M.Phil, students and 29 II M.P.Ed., students ) during this academic year.

Research scholars are encouraged to attend the seminars, conferences and workshops during the course of their study. M.Phil research scholar has attended 2 seminars/conferences cum workshops of national levels.

Details of research projects are presented in appendix C

**14. Citation index of faculty members and impact factor:**

Nil

**15. Honours and Awards to the faculty:**

Nil.

**16. Internal resources generated:**

With support and encouragement from the management, our college has made serious and sincere attempts in enhancing its physical infrastructure, academic, administrative and financial status.

For our college the internal resources are generated from **ADITANAR EDUCATIONAL INSTITUTION**. For this year, an amount of Rs. 41,05,374/- has been granted.

**17. Details of departments getting SAP, COSIST (ASSIST)/DST. FIST, etc. assistance/recognition:**

Nil

**18. Community services:**

Our college facilities are extended to the school and the college students on request, free of cost and the faculty members guide them. The networking with schools is pretty strong. While our faculty and students help them in organizing their sports events, they in turn help us in practice teaching in their campus.

Our college permits outsiders for playing games like kabaddi, cricket, football, volleyball, tennis and physical fitness training in our campus. The college organises various Community Service Schemes such as:

Blood donation camps

Walkers' club

Fitness center  
Sports awareness programme  
Organizing tournaments at various levels  
Officiating and playfield preparation  
As officials during the selection of police personnel  
Referee's Examination  
Eye Camp  
Play Day for school children  
Yoga and Meditation  
Sports Medicine – Physiotherapy laboratory for muscular rehabilitation  
Summer coaching camps  
Village placement programme

**19. Teachers and officers newly recruited:**

Recruitment of teachers is done purely on merit basis as per the rules, regulations and norms of the state government and UGC.

**20. Teaching – Non-teaching staff ratio:**

Total Number of Teaching Staff	: 10
Total number of Non-teaching Staff	: 15
<i>Ratio</i>	<i>:1:1.5</i>

**21. Improvements in the library services:**

a) Circulation Services

The books are issued to the students and staff members with the help of computer software known as Library Management System.

b) Clipping Services

1. Current awareness in sports
2. General news
3. Career and employment opportunities

4. Sports quiz
  5. Sports calendar and results in various competitions
  6. Health advice
- c) Information display and notification service

Latest books, periodicals, journals and dissertations are displayed to the readers and the content documentation service is also done.

d) Photocopy Services

The library has the facility for Photocopying of important materials and reviews and clippings to the readers inside and outside the institution.

e) Modern Technology

Library is equipped with modern facilities such as broadband access, computer search for books and back volumes, CD-ROMs, etc.,

## **22. New books and Journals subscribed and their value:**

Total number of New Books : 130 - Amount : Rs. 68,355.00

Total number of Journals : 13

Indian Journals Number : 13 - Amount : Rs. 3938.00

Details of books and journals are given in appendix D.

## **23. Courses in which student assessment of teachers is introduced and the action taken on student feedback:**

The student assessment of teachers was done and personal discussions were held whenever required.

## **24. Unit cost of education:**

Unit Cost = Total annual recurring expenditure/No of students enrolled

= Rs. 6254124 / 100

= Rs. 62541.24

## **25. Computerization of administration and the process of admissions and examination results, issue of certificates:**

Computerization of administration is in progress. Computerization of other activities like issue of certificates will be gradually taken up and will be completed in a year.

All the accounts and transactions in the office are made easier by the use of computers.

All the examination results are computerized and are exhibited in the notice board periodically.

## **26. Increase in the infrastructural facilities:**

The infrastructure is well maintained. There is optimum utilization of the infrastructural facilities by conducting self financing courses. The college management allocates budget for maintenance of infrastructure. The campus is maintained well and kept clean with greenery and this provides an ideal ambience for the young students to stay inside and to sharpen their personality.

This college gives importance to all kinds of sports activities to maintain physical fitness of the staff members, students and outsiders. A 16-station multi gym facility is installed for physical fitness training. Besides 3 volley ball courts, there is 1 basket ball cement court with floodlight, 1 tennis court, 1 badminton court, 1 cricket oval, 2 foot ball fields, 2 kabaddi courts 2 tennikoit courts, 1 kho-kho court, 1 softball diamond, 2 badminton courts international standard indoor stadium and a hall for yoga practice.

The international standard padmashri Dr.B.Sivanthi Aditanar indoor stadium was inaugurated on 21<sup>st</sup> Jan, 2009. Under the presidentship of our chairman Dr.B. Sivanthi Adityan an exhibition match was organized between the Indian volleyball team and Indian overseas Bank teams.

Latest play equipments are made available for the students for their regular and competitive training.

## **27. Technology upgradation:**

Modern education technologies such as OHP, LCD, CD and Computers are used for teaching. Need based tutorial classes are conducted. Computer assisted language lab helps to improve the communication skills. The college has the potential and expertise to make teaching-learning more learner-centered. All the faculty members and the students are sufficiently motivated to communicate in English.

## **28. Computer and internet access and training to teachers and students:**

The college has a wide range of laudable extension activities. This institution shares the available facilities like Instrumentation centre, Computer centre, Language Laboratory and internet access services with the teachers and the students.

- M.P.Ed and B.P.Ed students are using computer laboratory, as they have computer education as one of the subjects.
- M.Phil Scholars are allowed to use internet facility for an hour in a day.
- Teaching faculty are also using computer and internet facilities.
- For the practical demonstration of the sports skills and techniques, the multimedia system is used.
- The faculty members were oriented about the use of computer and internet by the neighbouring engineering college staff.

## **29. Financial aid to students:**

Financial support is available to the students both from the management and the government.

### **Adidraida welfare Department**

Adidraida welfare scholarships are granted under the Govt. of India and State government schemes.

### **Backward Class Department**

Scholarships are sanctioned by B. C. Welfare department to the students belonging to MBC and DNC under the Govt. of India and State government schemes.

### **30. Activities and support from the Alumni Association:**

Alumni association of the college provides jobs in companies owned by them and scholarships to meritorious and deserving students.

Alumni Association meeting was held in our college on 4.4.09 to 5.4.09, and 81 alumni participated in the meeting. Alumni scholarship of Rs3000/- was given to the best student.

P.Mahalakshmi - B.P.Ed. -Rs.1000

P.Selvakumar - II M.P.Ed. - Rs.1000

P.Kohila Devi - M.Phil. - Rs.1000

The Alumni Association is actively involved in the college activities. Out of 10 teaching members of the faculty, four are our Alumnae.

The Alumni association conducted a football and volleyball tournament for them.

### **31 Activities and support from the Parent-Teacher Association:**

Preliminary work for the establishment of parent teacher association is being done.

### **32. Health services:**

A qualified doctor is available inside the campus from 3 pm to 4 pm. A health centre for medical checkup and to maintain health records of students and staff is also provided in the college premises free of cost.

Health awareness programmes are conducted to enlighten the public about the significance of health and to stress the value of regular play and exercise.

### **33. Performance in sports activities:**

The students are being given constant encouragement to participate in sports and games at intercollegiate, interuniversity and open tournaments

organized by private and government agencies. Quite a number of them have won trophies in various games.

Details of the achievement by the students in sports and games at various levels are presented in appendix E.

#### **34. Incentives to outstanding sportspersons:**

College management offers cash awards to the outstanding students in academics, games and sports, and extra curricular activities to encourage them towards better performance.

Details of beneficiaries are presented in appendix F.

#### **35. Student achievements and awards:**

College students have performed well academically and won laurels at the University level. They have also participated and won prizes in competitive examination at the state level.

In the University examination held in April 2007, our college has secured 100% pass in B.P.Ed., 100% pass in II M.P.Ed and 100% pass in M.Phil, courses.

#### **36. Activities of the Guidance and Counselling unit:**

There is a Grievance Redressal Cell in the college and has a grievance cell box. It is gratifying to note that there has been no student unrest in the college so far. This is made possible by the smart turnout of the faculty members and the wise guidance being given by them at regular intervals.

#### **37. Placement services provided to students:**

There is a placement cell, which is quite effective in securing suitable employment to the students. During the year 2008-09, the cell facilitated placement of 20 students.

Display of advertisements regarding employment opportunities, on the college notice board, is a regular feature. Students have applied and got appointment in various institutions. About 30% of the students get placement

in jobs varying from teaching in local school to highly paid jobs in private enterprises.

- Interacting with different heads of the institutions for placement of the students
- Display of advertisement regarding employment opportunities on the college notice board
- Providing list of pass outs to different institutions on request
- Providing all the facilities required for conducting campus interviews in our Institution.

### **38. Development programmes for non-teaching staff:**

There is an inbuilt mechanism to check the efficiency of the non-teaching staff. The work deadlines are set up and the office layout is made suitable for easy supervision and allotment of certain work in rotation. The management also makes effort to fill up vacancies to ensure smooth working of the college.

To make teaching and non teaching staff computer literate, our college organized separate orientation classes during each semester with the help of the engineering college faculty.

### **39. Healthy practices of the institution:**

“Total quality management” is the keyword that encompasses all the activities of our college. The college has attempted to make maximum use of the management assistance to improve its curriculum content coverage and transaction practices. With reference to the context and program offered by the college, the healthy practices adopted are :

- Transparency in functioning, openness and easy accessibility of the teachers to the principal.
- Inculcation of values and appreciation of the work culture of the college with an emphasis on discipline, dedication and commitment.

- Orientation program for the new faculty members and students every year to apprise them of the work culture, aims and objectives of the college
- Providing compulsory computer literacy to all the students
- Providing library facilities to staff and students of other educational institutions also.
- To provide financial support to deserving students from the Alumni association.
- Special programmes for competence in English language skills.
- Regular upgradation of curriculum based upon students feedback and experts opinion.
- Conducting remedial classes for the benefit of academically weaker students and providing coaching for the competitive examinations to secure jobs and fellowships.
- Participation in seminars and workshops and as well as organizing them which lead to publications.
- Good linkages with local associations, institutions and clubs to provide work and experience to the students.
- A forward looking and pro-active management, which is taking, interest to encourage faculty for participation in seminar, workshop and conference by offering financial support.
- Transparent student evaluation system supported by appropriate grievance mechanism to redress their grievances.
- Offering good internet facility to the students free of cost.
- Well maintained campus with eco-friendly environment.
- Assisting the students to develop communication skills through the facilities provided at the language lab.
- The Computer Literacy Programme (CLP) undertaken by the college to provide computer training to all our students.
- Creation and maintenance of website by the college.

- Publication of college magazine to bring out the creative skills of staff members and the students.
- Publication of Registered National Journal in Physical Education to bring out the best research work from physical education professionals.
- Setting up of IQAC as a part of quality drive during 2005.
- Conduct of remedial classes for slow-learners.
- Conduct of model examination for familiarizing the students with university examination system.
- Organization of medical checkup for students at the beginning of every academic year.
- Intimation of the performance progress of the students to the parents on a regular basis.
- Blood Donation is taken well by our students.
- Commitment to **Total Quality Improvement** through internal checks and feedback mechanisms.
- Inculcating moral and ethical values among students and strive hard towards their character building and overall personality development.
- Integration of environmental and value based topics in regular curriculum.
- Arranging lectures by eminent personalities on professional, moral and ethical aspects.
- Developing a spirit of social responsibility and service among the students through Sivanthi Academy and other related activities.
- Introduction of skill based papers to improve employment prospects of students such as professional preparation for appearing SLET and NET.
- Systematic use of student feedback for further academic improvement of course contents and curricular programmes.
- Creating excellent ambience and peaceful campus environment to accelerate the teaching-learning process.
- Walkers' Club, Fitness center are extended to the local people.

- Referee's examinations were conducted annually to evaluate the student ability in officiating and to prepare them to be officially eligible to handle such responsibilities by themselves in future.
- Health awareness run and Play day for school children.

#### **40. Linkages developed with National / International, academic /Research bodies**

With regard to the ***consultancy component***, the college is trying to evolve a workable policy for faculty members to accept consultation assignments from outside agencies. Our college has prepared a MOU with sports authority of India for collaborative research and exchange of faculty members and is in the process of finalisation.

#### **41. Any other relevant information the institution wishes to add:**

Every year, College Day - a mega event - is celebrated during the second semester. Many events with innovative ideas from students and staff are staged. An unique information is that the college committee chairman with all his family members attended this function and appreciated the staff and students. The college day was celebrated on 22.1.2009 during 2008-09.

A registered research journal is being published biannually by our college, titled ***"INDIAN JOURNAL FOR RESEARCH IN PHYSICAL EDUCATION AND SPORTS SCIENCES"*** to meet the needs of professional writers in the field of physical education and sports sciences.

**SIVANTHI ACADEMY** is a sister institution of Aditanar Educational Institution and conducts career guidance courses for Physical Education and other disciplines to enable the candidates to appear for UGC / SLET / NET in a regular routine. Summer coaching camp was organized for the school children below 14 years in Aerobics, Volleyball and Tennis.

Our college has created an account in the Internet with the name of [www.drscacpe.org](http://www.drscacpe.org) and it serves as a source and gives an easy access to know about the college.

Dr. B. Sivanthi Adityan, Chairman, is heavily contributing for the development of sports at state, national and international levels and has received prestigious awards for his excellence in sports.

Public utilize our facilities to maintain and improve their fitness.

## **Part C**

### **Detailed plans of the institution for the next year.**

The college has prepared a perspective plan for the next year keeping in view its vision, current potential for excellence status, anticipated academic growth, societal changes and overall economic development of the country. The plan envisages starting several new programmes and courses in the fast emerging areas at the postgraduate level, initiating diploma courses, identification and implementation of research projects in thrust areas, collaborations at national level with academic institutions and industrial establishments etc. The development and augmentation of physical and manpower resources are considered to be the essential component of the plan.

- The college plans to introduce Ph.D course and to conduct applied research since it is an emerging area with a lot of job potentiality.
- Immediate attention is gradually bestowed to improve the circulation services with laser technology in library.
- Improvements in maintenance of playground and equipments are being done with the advice of the staff members concerned and the ground preparation personnel.
- Office automation will be completed.
- Adequate canteen facilities will be provided.
- Greenery on the campus will be improved further.
- Providing additional furniture, medical facilities during night times, facility for indoor games is ready for use.

- To improve the students facilities for stay and study.
  - Blood donation
  - Walkers' Club – Sivanthi Academy
  - Fitness Center – Public Participation
  - Health Awareness walk / Run / Programme
  - Play Day for school children
  - Referee's Examination
  - Placement cell / Career Guidance cell
  - Guidance course for competitive examinations is done by Our staff members.
  - Playfield Preparation, Officiating and Organizing Tournaments and sports meets in schools, colleges and clubs out side our campus
  - Adopting schools to conduct physical education programmes
  - Acting as resource persons in refresher courses organized by District sports office and other sports agencies.
  - Sivanthi Cup Inter Collegiate Cricket Tournament
  - Seminar/Workshop
  - Yoga & Meditation by Sivanthi Academy
  - State Level Inter Collegiate Mini Marathon & Sports Quiz
  - Spoken english classes on week end holidays
  - Summer coaching camp for school children.
  - For giving a better opportunity to the above average students, we encourage them to write articles in various sports journals and to attend seminar and conference.

**(Mr. C. Sugumar)**

*Name & Signature*

*of the Coordinator, IQAC*

**(Dr. P. J. Sebastian)**

*Name & Signature*

*of the Chairperson, IQAC*

# **APPENDIX A**

## **ANNUAL REPORT**

**2009 – 2010**

Esteemed Chairman of our college managing committee Padmasri Dr.B. Sivanthi Adityan, Respected Madam Thirumathi. Malathi Adityan, Thiru.S. BalaSubramania Adityan, Vice Chairman, Respected Chief Guest Prof. Dr.K.Vaithianathan, Vice- Chancellor, Tamil Nadu Physical Education And Sports University, Chennai. Dr.P.Nagarajan, Executive Director, Aditanar Educational Institution, Chennai, Thiru.R.Krishnakanthan, Chief Executive Officer, Aditanar educational Institution, Tiruchendur, Dr.M.P.Gurusamy, Member, College Committee, Thiru.K.Thandeswaren, Secretary of our college, Dr.P.swamydhas, Principal, Dr. Sivanthi Aditanar College of Education, Tiruchendur, Thiru.P. Muthaiah Raj, secretary, Dr. Sivanthi Aditanar Teacher Training Institution, Tiruchendur, Thirumathi.A.Maria Secily, Principal, Dr. Sivanthi Aditanar Teacher Training Institution, Tiruchendur, Principals, Secretaries, Faculty Members, Students of Sister Institutions, Management Staff, Distinguished guests, parents, Alumni of our college, Dear colleagues, Member of the Media, Students, Ladies and Gentlemen, The Chief Guest of this evening is Prof.Dr.K.Vaithianathan, Basically possesses the personality of an eminent teacher and has so far put up a very long academic career of about 40 years and in that about 30 years of research experience. He has completed his Doctoral degree in physical education in 1989 and has been working in various capacities in administration at Annamalai University. He was himself an Athletic

Champion during his college days. I am sure some of his records in High Jump are still reminding efforts. He represented Tamilnadu State in the Open National Athletic Meet in 1974. After he became a teacher his inclination was very much towards sports coaching. I am very proud to inform you that one of his Athletes by Name Mr. A. Rajan was Asian Gold Medalist in 1981. Mr.R.Ananda Natarajan, another athlete was gold medalist in SAF Games in 1989. There are around 30 national medal winners to his credit. Sir, I am Extremely happy to Accord to a Warm Welcome to you.

We Are celebrating the 17<sup>th</sup> Anniversary of our institution today. I am immensely happy to present the Annual Report of our college for the Academic Year 2009-2010.

Our college is a fully residential institution with one year Bachelor's Degree in Physical Education (B.P.Ed.), Two years Master Degree in Physical Education (M.P.Ed.), and One Year M.Phil., Degree course and affiliated to Tamil Nadu Physical Education And Sports University, Chennai. Our college is the first Unaided Professional Institution in Physical Education in the State. Admission to various courses is based on Merit after Qualifying from an Examination and fitness test as per NCTE Norms. Our Faculty members are Guiding Ph.D. Scholars and their registration is accepted by the Tamil Nadu Physical Education And sports University, Chennai.

The courses offered are on semester system, in addition to practical in physical education and sports, sports sciences subjects like Anatomy, Exercise Physiology, Biomechanics, Applied Kinesiology, Sports Psychology,

Sports Medicine, Physiotherapy, Statistics and Computer Applications are taught to the students.

Our college campus covers an area of 12 acres. The campus consists of an administrative building, Research Block, Classrooms, Hostel, Generator Room, Cycle Shed and Principal's Quarter. Our college sports science Laboratories namely Physiology of Exercise, Physiotherapy, Sports Psychology and sports Medicine are Equipped with modern gadgets. Our Fitness center is used for teaching and is also open to public for training in the morning and evenings on nominal membership fee.

Our library, with useful and latest national and international Journals, Magazines and Books serves as a Resource not only to our student but also to the research scholars in M.Phil., and Ph.D., in physical education from within and outside the state.

With the Blessing and a Big Heart for Sports Activities and Philanthropy, our Beloved Chairman Launched the Construction of a Multipurpose International Standard Indoor Stadium, that can provide the facility to organize instruction and competition in Basketball, Badminton, Table Tennis, Tennis, Wrestling, Kabaddi using portable stands and mats.

I am Extremely happy to inform you that our college B.P.Ed. student Miss.Priya Ananthi has secured First Rank and the Gold Medal in Tamil Nadu Physical Education and Sports University. In this occasion, on behalf of the management committee, secretary, Faculty Members and on my own Behalf. I congratulate her. I would also like appeal to all other students to strive hard to achieve laurels to our college in future. I take this opportunity

to appreciate the efforts taken by all our faculty members in achieving this level of academic excellence. Let this process be continued to achieve many more higher academic achievements and bring glory to our college.

I am happy to inform that our college is recognized by the Tamil Nadu Physical Education and Sports University as one of the study centers to offer Post Graduate Diploma in Yoga and Health and Fitness Management. I am Equally happy to say that there are 3 of our own students and 5 more faculty members from Dr. Sivanthi Aditanar Teacher Training Institute, Dr. Sivanthi Aditanar College of Education and Dr. Sivanthi Aditanar College of Engineering have undergone these courses.

We have achieved another milestone in the history of our college. Our college is selected as one of the centres for conducting National Volleyball Coaching Camps and the first camp was conducted from 8<sup>th</sup> January 2010 to 28<sup>th</sup> January 2010. Players and coaches from all over the country participated in the camp preparation of the Indian Team to the SAF Games at Dhaka, Bangladesh and I am very happy to say that Indian Team Won the Gold Medal. I thank all those who helped the Indian Team to Win Gold Medal.

As per the “NAAC Requirements, Extension and Outreach Programmes like Seminar cum workshop, refresher Course, Health Awareness March, Blood Donation, Health and Sports Science Exhibition, Marking and Officiating Sports Meets and Games in Schools, Colleges, Clubs Outside the campus are being organized this year also. Various Committees like Disciplinary Committee, Research Development Committee, Library Advisory Committee,

Blood Donation Club, Psychology Club, Grievance Cell and Placement cell are formed and are functioning effectively and efficiently. The sincere and dedicated efforts day in and day out by our college faculty and students in preparing for the NAAC Peer Team visit, Have Fetched B++ Grade to our Institution. This would definitely us to claim the leader further to the peak of achievements.

I am happy to inform you that four faculty members have submitted their Ph.D dissertation and Mr. J.P.Desiga Srinivasan is awarded the Ph.d degree and will be awarded very shortly for others. We are proud to have Mr.Tamilselvan, office assistant who was recently honoured by our Beloved Chairman for having completed 25 years of service in our institution.

Please hold our ambition high and work may be continued to fulfill the dream of our most lovable chairman. Sir, on behalf of the members of the faculty I assure to achieve higher standards. We may focus our attention towards this broader spectrum of thoughts and actions. I pray God Almighty, that He must shower His Blessings on us Abundantly at All Times.

## **IMPORTANT EVENTS DURING 2009-2010**

**28.01.2009**

Leadership Training Camp commenced for B.P.Ed., students at Arulmigu Karukuvel Ayyanar Temple, Therikudiyiruppu.

**01.02.1010**

The Valedictory Function of Leadership Training Camp was held at Therikudiyiruppu. Mrs.Maria Cesily, Principal, dr. Sivanthi Aditanar Teacher Training Institution, Preside over the Function.

**02.02.2009**

Colloquium for M.phil scholars and M.P.Ed II year students was held at our college campus to finalise their research proposal.

**12.02.2009**

15<sup>th</sup> Project Track and Field Meet for II M.P.Ed Was Organised by II M.P.Ed students. Dr.P.J.Sebastian, Principal of our college inaugurated the meet. Dr.Kannan Head of the Tamil Department was the chief Guest for the Valedictory Function.

**17.02.2009**

A special Lecture on AIDS Awareness and Human Immune Deficiency Virus was given by Mr.N.Narayanan, Distrct Manager red Ribben Club, Thoothukudi.

**27.02.2009 to 01.03.2009**

Inter Physical Education Tournament was conducted at Annamalai University Chidambaram. Our college men and women teams took part in the tournament and our college women cricket team secured runner up position. P.Muthusudha secured First place, P.Kohila Devi secured Second position and V.Pandiselvam secured second in Hammer, Discus throw and 110mts Hurdles respectively.

**05.03.2009 & 06.03.2009**

Educational Tour was organized for B.P.Ed, M.P.Ed II year and M.Phil students and the staff members accompanied th students.

**13.03.2009**

The Project Track and Field Meet was held at our college Organised by B.P.Ed students. Our college principal Inaugurated the programme. Dr.Sargunam, Principal, Govindammal Aditanar College for Womwn and our College Secretary distributed the Prizes.

**18.03.2009**

Our college 14<sup>th</sup> Annual Sports Meet was Inaugurated by Dr.J.Maheswaran, Principal, Dr. Sivanthi Aditanar College of Engineering, Tiruchendur.

**19.03.2009**

The Valedictory function for the Annual sports Meet was held. Major. S. Benedict (Retd) Asst. Controller of Examination, St. Xavier's College, palayamkkotai, presided over the function and distributed the prizes.

**02.04.2009**

Internal Practical Examination for B.P.Ed students was conducted.

Ms.S.Sujitha, Joined as Jr. Assistant.

**04.04.2009**

Alumni Day Football and Volleyball Tournaments was held at our college.

**07.04.2009**

Dr. Mrs.Amirtham Sebastian, Reader of our college was nominated by the Annamalai University to conduct Practical Examination for B.P.Ed students.

**06.04.2009 & 08.04.2009**

External Practical Examination for B.P.Ed and M.P.Ed students was conducted. Dr. Moorthy was the External Examiner for assessing games. Dr.S.Bevinson Perinbaraj was the External Examiner for Assessing Athletics.

**13.04.2009**

State level workshop for In-service Physical Education Teachers was conducted by our college. Mr.D.Jebaraj Rolland, Director of Physical Education Gvt.Hr.Sec. School, Sayalkudi, Mr.T.Murugesan, Director of Physical Education, VHNSN College, Virudunagar, Dr.S.Sethu, Asst.Proffessor, Manonmaniam Sundaranar University, Tirunelveli, Mr.PalaniKumar, Director of Physical Education, Thirunvalluvar College og Ars & Science, Pabanasam were the resourse persons for Volleyball, Handball & Athletics respectively.

**14.04.2009**

The Vledictory function for the State Level Workshop for Physical Education Teachers was held at our College. Thiru.M.Samuel, RIPE, Tirunelveli and Thiru.K.Thandeswaran, Secretary of our college have gives Felicitation.

**15.04.2009**

Pre Semester Examination was held for B.P.Ed, I & II M.P.Ed students.

**11.04.2009**

Dr.Amirtham Sebastian, Reader of our college was nominated by the Tamil Nadu Physical Education and Sports University to conduct Prctical Examination for B.P.Ed students at Selvam College of Physical Education, Namakkal.

**11.04.2009**

Farewell Function for all the outgoing students was organized by I M.P.Ed Students.

Last Working Day for the Academic Year.

**30.04.2009 & 04.05.2009**

Tamil Nadu Physical Education and Sports University Theory Examination commenced for B.P.Ed and M.P.Ed I & II year students.

**11.05.2009 & 21.05.2009**

Summer coaching Camp for School Boys & Girls was conducted by our College from 11<sup>th</sup> may to 21<sup>st</sup> may 2009, in Tennis, Volleyball. It was

inaugurated by Dr.P.J.Sebastian, Principal of our college 45 students took part in this camp.

The activities were effectively conducted by the following students. P.Thanasekaran, G.M.Prasath, A.Nelson Durai Raj, E.Elanchezhian under the supervision of Dr.Amirtham Sebastian, reader of our college.

### **21.05.2009**

The valedictory Function for the 3<sup>rd</sup> Summer Coaching Camo are held at our college Thiru.K.Thandeswaran, Secretary of our college gave the valedictory address. Certificates and memento were presented to all the participants teaching & non teahing staff was conducted the programe effectively.

### **10.06.09 & 13.06.2009**

Selection Trials for B.P.Ed and M.P.Ed Degree was held.

### **22.06.2009 & 25.06.2009**

Refresher Course for Physical Education Teacher 1<sup>st</sup> batch was Inaugurated our college campus and 2<sup>nd</sup> batch was Ianugurated on by Chief Educational Officer, Thoothukudi District.

### **01.07.2009**

Ms.S.Josephine, Asst.Proffessor relieved from service on her request.

### **10.07.2009**

Conducted a weekend Tennis Competition for the Staff and Students.

**11.07.2009**

The valedictory function for the weekend Tennis Competition for the staff and students was held.

**12.07.2009**

Palavesam of B.P.Ed student participated Thoothukudi District Power lifting Competition and won First Place.

**20.07.2009**

Mr.C.Saravanan. Joined as Marker.

**30.07.2009**

Welcome Sports Meet was organized by II M.P.Ed students to greet the fresher. ThiruK.Thandeswaran, Secretary of our college was the Chief Guest.

**03.08.2009**

Mr.V.Mookan, Weight Lifting Olympian, (Melbourne Olympics 1956) gave a special Lecture and Demonstrated Exercise.

**15.08.2009**

63<sup>rd</sup> Independence Day was Celebrated at our college. Thiru. Thanulingam, Secretary, Dr.Sivanthi Aditanar College of Engineering was the Chief Guest for the Function.

**18.08.2009**

Nazereth Zone Level School Athletic Meet was held at our College.

**19.08.2009**

Health Awareness Programme was conducted by our college. Dr.J.N.F.Thevaharan, Senior Civil Surgeon, Govt.Hospital, Tiruchendur, Inaugurated the programme. Thiru.K.Thandeswaran, Secretary of our college has given Facilitation.

**14.08.2008**

Our College Men kabaddi Team has Participated in the state level open kabaddi tournament held at Veppolodai, thoothukudi and bagged Runner – up.

**20.08.09 & 21.08.09**

Anna University zone 10, Table Tennis and Badminton Tournaments are Conducted in the Indoor Stadium.

**22.08.2009**

Our college volleyball men team has participated zonal level tournaments organized by SDATN, and bagged winner up.

**28.08.2009**

National Sports Day Inter Class Football Matches was held at our College.

**03.09.2009**

MS University Inter Collegiate Hockey and Football Tournaments held at our Campus, Organised by Govindammal Aditanar College for Women, Tiruchendur.

**09.09.2009**

Sivanthi Cup Invitation Intercollegiate Cricket Tournament was Organised by Our College. Dr.P.J.Sebastian, Principal of our college was Inaugurated the Tournament and Our College Cricket Team Bagged Runner-Up.

**05.09.2009 & 06.09.2009**

Our College Men Kabaddi Team has Participated in TNPESU Intercollegiate tournament, Organised by Meenatchi Physical Education College and Bagged Winners.

**12.09.2009**

State Level Inter Collegiate Mini Marathon and Sports Quiz Competition was held at our College.

Valedictory Function for Sivanthi Cup Invitatio Cricket Tournament, State Level Mini Marathon and State Level quiz Competition was held at Our College. Mr.R.Vairavan, Inspector of Police, Tiruchendur was the Chief Guest.

**16.09.2009**

Our College Women Table Tennis Team has Participated in TNPESU Intercollegiate Tournaments conducted by Sri Sarada College of Physical Education, Salam and Bagged Winners.

**18.09.2009**

Dawn to Dusk Inter Class Hockey Tournament was Conducted at Our College.

**23.09.2009**

Our college Men Kabaddi Team has Participated in South India Karunya Evangeline Memorial Kabaddi Tournament conducted by Karunya University, Coimbatore and Bagged Winners.

**24.09.2009**

Sivanthi Culfest 2009 in honour of the Birth Day of our Beloved Chairman.

**24.09.2009 & 26.09.2009**

Our College Men Badminton, Table Tennis and Cricket Team has Participated in TNPESU Intercollegiate Tournaments Organised by Maruthi College of Physical Education, Coimbatore.

**12.10.2009 & 14.10.2009**

Our college men Basketball, Handball and Hockey teams has gone to Chennai, to take part in Tamil Nadu Physical Education and Sports University Inter Collegiate Tournaments held at YMCA college of Physical Education, Nandanam, Chennai.

**08.10.2009**

Our College Men Volleyball Team has Participated in District Level Volleyball Tournament Organised by SDATN and Bagged Runner – up.

**09.10.2009**

Our College Women Volleyball Team has Participated in District Level Volleyball Tournament Organised by SDATN and Bagged Runner – up.

### **18.10.2009**

- Anand Subash Babu II M.P.Ed
- V.Pandi Selvam II M.P.Ed

Have attended the University Coaching Camp for Hockey Team of TNPESU held at YMCA College of Physical Education, Chennai and The South Zone Inter University Hockey Tournament was Conducted by Bagalore University at Bangalore from 20<sup>th</sup> to 24<sup>th</sup> October 2009.

### **20.10.2009**

Francis Stephen of B.P.Ed was Attended the University Coaching Camp for Basketball Team of TNPESU held at YMCA College of Physical Education, Chennai. The Tournament was Conducted by VIT University at Vellore from 26<sup>th</sup> to 30<sup>th</sup> October 2009.

### **27.10.2009**

Tamil Nadu Physical Education and Sports University Intercollegiate Men and Women Ball Badminton, Tennis and Kabaddi Tournaments was held at Our College. Thiru.M.Narayana Samy, Inspector of Police, Tiruchendur, Inaugurated the Tournament. Thiru.K.Thandeswaran, Secretary of College Presided over the Function.

### **27.10.2009 & 28.10.2009**

Our College Badminton Men, Tennis Men and Women and Kabaddi Women Teams has Participated TNPESU Inter Collegiate Tournaments. The Results are

- Ball Badminton (Men) Winners

- Tennis (Men)      Runner up
- Tennis (Women)    Winners

The Valedictory Function of TNPESU Kabaddi, Ball Badminto and Tennis Intercollegiate Tournaments was held at Our College. Thiru.K.Thandeswaran Secretary of Our College Presided Over the Function and Distributed the Prizes and Certificates. Our Principal Dr.P.J.Sebastian gave Felicitation.

### **29.10.2009**

District Rural Sports Meet was Conducted by SDATN at our College Campus.

### **30.10.2009 & 31.10.2009**

Our College Men and Women Volleyball and Football has Participated in TNPESU Inter Collegiate Tournaments Organised by TNPESU. Our College Women football Team Bagged Runner – Up.

### **04.11.2009**

Pre semester Examination was held for B.P.Ed, I & II M.P.Ed Students.

### **07.10.2009**

Last Working day for the Academic Year 2009 – 2010.

### **09.11.2009**

Tamil Nadu Physical Education and Sports University Theory Examination Commenced for B.P.Ed, M.P.Ed and M.Phil Students.

### **10.11.2009 to 19.11.2009**

- N.Selva Murugan

- S.Bala Sankar
- R.Masana Muthu
- J.Alexander Thangam

Have attended the University Coaching Camp for Kabaddi (Men) team of TNPESU held at YMCA College of Physical Education, Chennai and the South Zone Inter University Kabaddi (Men) was conducted by Kuvempu University at Shimoga from 15<sup>th</sup> to 19<sup>th</sup> November 2009.

**19.11.2009 to 30.11.2009**

- Jamal Mohammed
- Sam V.S.
- Ameer Ali

Have attended the University Coaching Camp for Football (Men) team of TNPESU held at YMCA College of Physical Education and the South Zone Inter University Football Tournaments was concluded by Bharathiyar University at Coimbatore from 25<sup>th</sup> to 30<sup>th</sup> November 2009.

**02.12.2009 to 05.12.2009**

Leadership Training Camp Commenced for B.P.Ed Students at Arulmigu Karkuvel ayyanar Temple Premises, Therikudierrupu.

**23.11.2009 to 30.11.2009**

Mercy - M.phil

Thangamalar - B.P.Ed

Ajisha - I M.P.Ed

Have attend the University Coaching Camp for Football (women) Team of TNPESU held at SDAT, Nehuru Park Chennai and the South West Zone Inter University Football Women Tournament was Conducted Podicherry from 26<sup>th</sup> to 30<sup>th</sup> November 2009.

**08.12.2009 to 23.12.2009**

S. Jeya Ganesh - M.P.Ed II Year

V. Santhana Sekar - B.P.Ed

A. Kishore Kumar - B.P.Ed

Have attended the University coaching camp for men cricket team of TNPESU held at YMCA college of physical education and the south west zone inter university cricket men tournament was conducted by Jawaharlal Nehru Technological university at Hyderabad from 14<sup>th</sup> to 23<sup>rd</sup> December 2009.

**07.12.2009 to 08.12.2009**

Dr. Amirtham Sebastian, Reader of our college was nominated by the YMCA college of Physical Education for B.P.E/B.M.S students at YMCA College of Physical Education, Chennai.

**12.12.2009 to 13.12.2009**

Our College Athletic Team has gone to Participate TNPESU Inter Collegiate Athletic Meet Organised by Koviloor Andavar College og Physical Education and Sports Sciences and

Murubi Hepsi secure III Place in 100 Hurdles

Avudiappan secured III Place in 5000 mts run.

**16.12.2009 to 17.12.2009**

Dr. Amirtham Sebastian Reader of our College was nominated by the Annamalai University, Department of Physical Education and Sports Sciences to act as a Chairperson for a scientific Session for National Seminar on Fitness for Urban & Rural Youth and for Special Population on 16<sup>th</sup> & 17<sup>th</sup> December 2009.

**18.12.2009 to 19.12.2009**

Dr. Amirtham Sebastian Reader of our College was Nominated by the Tamil Nadu Physical Education and Sports University to act as an External Examiner for the Valuation of Answer Scripts for B.P.E/B.P.Ed/M.P.Ed Examination of TNPESU.

**18.12.2009 to 23.12.2009**

D. Abraham Samson and Lingaraj have attended the University Coaching Camp for men Volleyball held at Maruthi College of Physical Education.

**18.12.2009**

Our college has conducted the Anna University 10<sup>th</sup> Zone Weight Lifting Competition Organised by Dr. Sivanthi Adtanar College of Engineering, Tiruchendur at our College Indoor Stadium.

**04.01.2010**

Dr. Agnes Princy Joined as an Lecturer

**06.01.2010**

Mr. E. Thiraviya Pandian Joined as Junior Assistant.

**30.12.2009 to 09.01.2010**

Thangavel Pandian - B.P.Ed

S. Ganesh - M.Phil

Have attended the University Coaching Camp for Men Tennis Team of TNPESU held at YMCA College of Physical Education, Chennai and the South West Zone Inter University Volleyball Tournament was Conducted by Annamalai University, Chidambaram.